

Exclusive  
Alan Dart  
design



# *Go Scandi!*

Celebrate the season's festivities with **Alan Dart's** traditional Scandinavian Julbock and Garntomtar.



ST ST

DK  
WEIGHT

3MM

## YOU WILL NEED

### JULBOCK

- Hayfield, Bonus DK (100% acrylic, 100g/280m) 1 ball of each: Wheat (816) and Signal Red (977)
- A 50cm (18in) length of black DK yarn
- A pair of 3mm needles
- 75g washable toy stuffing
- Long tweezers
- Clear adhesive

### GARNTOMTAR (EACH)

- Hayfield, Bonus DK (100% acrylic, 100g/280m) 2g in Signal Red (977) and 1g in Flesh Tone (963)
- Hayfield, Bonus Chunky (100% acrylic, 100g/137m) approx 3g in either Signal Red (977), White (961), Light Grey Mix (814) or Cinder (786)
- 1g oddment of white or pale grey eyelash yarn
- Oddments of black and pale grey DK yarn
- A pair of 3mm needles
- 2g washable toy stuffing
- Dark green cotton perlé embroidery thread
- Stiff card
- Long tweezers

For yarn stockists contact  
Sirdar 01924 231682  
www.sirdar.co.uk

### TENSION

Yarn used knits as DK to this tension:  
26 sts and 36 rows to measure 10x10cm  
(4x4in) over st st using 3mm needles

### MEASUREMENTS

The Julbock is 29cm (11½in) tall and  
23cm (9in) long, and the Garntomtar are  
12.5cm (5in) tall

### ABBREVIATIONS

For a full list see page 95

Did you know in older Scandinavian society, a popular Christmas and New Year's prank was to place a Julbock (a Christmas goat) in a neighbour's house without them noticing? Do you think you can sneak this knitted one into your home without anyone being any the wiser? Make the sweet little Garntomtar (yarn gnomes) to hang on your tree, mantelpiece, or even give as stocking fillers or New Year's gifts – the festive possibilities are endless!

### NOTE

Use 3mm needles throughout and cast on by using the cable (2 needle) method. This is most important when knitting the smaller pieces. Also begin all pieces with a K row, and always work 'inc 1' by knitting into the front and back of the stitch, otherwise your stitch count will not be correct. Be aware that shaping will commence on the first row for some of the pieces.

### JULBOCK

#### BODY, NECK & HEAD (MAKE 1 PIECE)

Cast on 12 sts using Wheat for back edge.

**Inc row 1** (Inc 1) twice, K2, (inc 1) 4 times, K2, (inc 1) twice. [20 sts]  
P 1 row.

**Inc row 2** (Inc 1, K1) twice, K2, (inc 1, K1) 4 times, K2, (inc 1, K1) twice. [28 sts]  
P 1 row.

**Inc row 3** (K1, inc 1, K1) twice, K3, (inc 1, K2) 4 times, (K2, inc 1) twice, K1. [36 sts]

Work in st st for 33 rows.

### SHAPE CHEST

#### RIGHT SIDE

**Row 1** K14, yfwd, sl1, ybk, turn.

**Row 2 and all following alternate rows up to and including row 32** Sl1, P to end.

**Row 3** K12, yfwd, sl1, ybk, turn.

**Row 5** K10, yfwd, sl1, ybk, turn.

**Row 7** K8, yfwd, sl1, ybk, turn.

**Row 9** K6, yfwd, sl1, ybk, turn.

**Row 11** K4, yfwd, sl1, ybk, turn.

**Row 13** K5, yfwd, sl1, ybk, turn.

**Row 15** K6, yfwd, sl1, ybk, turn.

**Row 17** K7, yfwd, sl1, ybk, turn.

**Row 19** K2, (k2tog, K1) twice, yfwd, sl1, ybk, turn.

**Row 21** K7, yfwd, sl1, ybk, turn.

**Row 23** K8, yfwd, sl1, ybk, turn.

**Row 25** K9, yfwd, sl1, ybk, turn.

**Row 27** K2, (k2tog, K2) twice, yfwd, sl1, ybk, turn.

**Row 29** K9, yfwd, sl1, ybk, turn.

**Row 31** K10, yfwd, sl1, ybk, turn.

**Row 33** K across all sts. [32 sts]

### SHAPE CHEST

#### LEFT SIDE

**Row 1** P14, ybk, sl1, yfwd, turn.

**Row 2 and all following alternate rows up to and including row 32** Sl1, K to end.

**Row 3** P12, ybk, sl1, yfwd, turn.

**Row 5** P10, ybk, sl1, yfwd, turn.

**Row 7** P8, ybk, sl1, yfwd, turn.

**Row 9** P6, ybk, sl1, yfwd, turn.

**Row 11** P4, ybk, sl1, yfwd, turn.

**Row 13** P5, ybk, sl1, yfwd, turn.

**Row 15** P6, ybk, sl1, yfwd, turn.

**Row 17** P7, ybk, sl1, yfwd, turn.

**Row 19** P2, (p2tog, P1) twice, ybk, sl1, yfwd, turn.

**Row 21** P7, ybk, sl1, yfwd, turn.

**Row 23** P8, ybk, sl1, yfwd, turn.

**Row 25** P9, ybk, sl1, yfwd, turn.

**Row 27** P2, (p2tog, P2) twice, ybk, sl1, yfwd, turn.

**Row 29** P9, ybk, sl1, yfwd, turn.

**Row 31** P10, ybk, sl1, yfwd, turn.

**Row 33** P across all sts. [28 sts]

Work in st st for 20 rows.

### WORK BACK OF HEAD

**Row 1** K24, yfwd, sl1, ybk, turn.

**Row 2** Sl1, P20, ybk, sl1, yfwd, turn.

**Row 3** Sl1, K19, yfwd, sl1, ybk, turn.

**Row 4** Sl1, P18, ybk, sl1, yfwd, turn.

**Row 5** Sl1, K17, yfwd, sl1, ybk, turn.

**Row 6** Sl1, P16, ybk, sl1, yfwd, turn.

**Row 7** Sl1, K15, yfwd, sl1, ybk, turn.

**Row 8** Sl1, P14, ybk, sl1, yfwd, turn.

**Row 9** Sl1, K13, yfwd, sl1, ybk, turn.

**Row 10** Sl1, P12, ybk, sl1, yfwd, turn.

**Row 11** Sl1, K11, yfwd, sl1, ybk, turn.

**Row 12** Sl1, P10, ybk, sl1, yfwd, turn.

**Row 13** Sl1, K9, yfwd, sl1, ybk, turn.

**Row 14** Sl1, P8, ybk, sl1, yfwd, turn.

**Row 15** Sl1, K9, yfwd, sl1, ybk, turn.

**Row 16** Sl1, P10, ybk, sl1, yfwd, turn.

**Row 17** Sl1, K11, yfwd, sl1, ybk, turn.

**Row 18** Sl1, P12, ybk, sl1, yfwd, turn.

**Row 19** Sl1, K13, yfwd, sl1, ybk, turn.

**Row 20** Sl1, P14, ybk, sl1, yfwd, turn.



Row 21 Sl1, K15, yfwd, sl1, ybk, turn.  
 Row 22 Sl1, P16, ybk, sl1, yfwd, turn.  
 Row 23 Sl1, K17, yfwd, sl1, ybk, turn.  
 Row 24 Sl1, P18, ybk, sl1, yfwd, turn.  
 Row 25 Sl1, K19, yfwd, sl1, ybk, turn.  
 Row 26 Sl1, P20, ybk, sl1, yfwd, turn.  
 Row 27 Sl1, K to end.  
 Row 28 P across all sts. [28 sts]  
 Work in st st for 4 rows.

SHAPE HEAD

**Dec row 1** K1, (K3, k2tog, K4) to end. [25 sts]  
 Work in st st for 3 rows.  
**Dec row 2** K1, (K3, k2tog, K3) to end. [22 sts]  
 Work in st st for 3 rows.  
**Inc row** K2, (K1, inc 1, K3) to end. [26 sts]  
 Work in st st for 2 rows.  
 P 3 rows for fold line.

SHAPE FRONT

**Dec row 1** K2, (k2tog, K1) to end. [18 sts]  
 P 1 row.  
**Dec row 2** K1, (k2tog) to last st, K1. [10 sts]  
 Break yarn, leaving a long end. Thread through sts on needle, draw up tightly and fasten off.

LEGS (MAKE 4 PIECES)

**Cast on** 8 sts using Wheat for top edge of opening and work in st st for 2 rows.  
 Inc 1 st at beg of next 4 rows. [12 sts]  
 Work in st st for 4 rows.  
 Inc 1 st at beg of next 4 rows. [16 sts]  
**Cast on** 4 sts at beg of next 2 rows for base edge of opening. [24 sts]  
 Work in st st for 28 rows.  
**Inc row** (K2, inc 1, K3) to end. [28 sts]  
 Work in st st for 2 rows.  
 P 3 rows for fold line.



SHAPE BASE

**Dec row 1** K1, (k2tog, K1) to end. [19 sts]  
 P 1 row.  
**Dec row 2** K1, (k2tog) to end. [10 sts]  
 Break yarn, leaving a long end. Thread through sts on needle, draw up tightly and fasten off.

HORNS (MAKE 2 PIECES)

**Cast on** 15 sts using Wheat for base edge and work in garter st for 22 rows.  
**Dec row 1** K7, k2tog, K6. [14 sts]  
 Work in garter st for 21 rows.

**Dec row 2** K6, k2tog, K6. [13 sts]  
 Work in garter st for 21 rows.  
**Dec row 3** K6, k2tog, K5. [12 sts]  
 Work in garter st for 11 rows.  
**Dec row 4** K5, k2tog, K5. [11 sts]  
 Work in garter st for 11 rows.  
 Break yarn, leaving a long end. Thread through sts on needle, draw up tightly and fasten off.

TAIL (MAKE 1 PIECE)

**Cast on** 6 sts using Wheat for base edge and work in garter st for 20 rows.  
 Break yarn, leaving a long end. Thread

**STEP-BY-STEP INCREASE 1 BY KNITTING INTO FRONT & BACK**



**1** Insert the tip of the right hand needle into the front of the stitch and knit as normal, but don't drop it from the left hand needle



**2** Then take the right hand needle behind the left and insert the tip of the needle down through the back of the stitch on the left hand needle



**3** Wrap the yarn round the tip of the right hand needle to knit the stitch. Bring the needle through to make the stitch, keeping it on the right hand needle



**4** Take the stitch off the left hand needle. You'll have increased one stitch by knitting twice into the original stitch, first at the front, then at the back.

through sts on needle, draw up tightly and fasten off.

#### NOSE & HOOF RIBBONS (MAKE 5 PIECES)

**Cast on 28 sts using Signal Red.  
Cast off.**

#### BEARD (MAKE 11 PIECES)

**Cast on** number of sts stated for each piece below using Wheat, and then cast off all sts without knitting any rows. Back row: Make 2 pieces with 7 sts and 1 piece with 10 sts.

Middle row: Make 2 pieces with 4 sts, 2 pieces with 6 sts and 1 piece with 8 sts.

Front row: Make 2 pieces with 5 sts and 1 piece with 7 sts.

#### LEG RIBBONS (MAKE 4 PIECES)

**Cast on 60 sts using Signal Red.  
Cast off.**

#### BODY RIBBONS (MAKE 2 PIECES)

**Cast on 122 sts using Signal Red.  
Cast off.**

#### TAIL RIBBON (MAKE 1 PIECE)

**Cast on 8 sts using Signal Red.  
Cast off.**

#### TAIL TIE (MAKE 1 PIECE)

**Cast on 12 sts using Signal Red.  
Cast off.**

#### TO MAKE UP

Unless otherwise stated, sew seams and join pieces using mattress stitch, working with right side of knitting uppermost. A one-stitch knitted seam turning has been allowed on most pieces to accommodate this method. **Starting at gathered front edge of head**, join head and neck seam, stopping at chest shaping row, then stuff head and neck firmly. Join remainder of body seam then stuff body firmly. Fold cast-on back edge in half and sew across. The body seam will run along the underside and the neck seam up the centre front.

**Starting at gathered base edge**, join each leg seam, stopping at base edge of opening, then stuff firmly. On underside of body, count 1 knitted stitch away from seam on one side and mark this point with a pin for base line, then count 10 knitted stitches away from this point and mark with another pin for top line. Repeat on opposite side of seam to give guidance for positioning legs.

**Matching top edge** of leg opening with top line, and base edge of

opening with base line, pin a leg to front of body and sew in place, adding a little extra stuffing to top of leg if necessary, then repeat on other side. Attach the back legs in the same manner and remove pins.

**Stretch all ribbon pieces** gently. Sew one hoof ribbon round base of each leg, placing 4 knitted rows up from garter stitch fold line, and oversew ends together, positioning this join on top of leg seam. Sew ribbons in place with a few backstitches worked along centre. Take a leg ribbon and sew one end directly above one hoof ribbon join. Wrap ribbon round leg twice in a spiral, following photograph for direction, then sew opposite end to top of leg, matching with leg seam. Adjust ribbon, then sew in place as before and repeat with remaining leg ribbons.

**Oversew body ribbons** together at one end, then pin this join at centre front and top of neck. Take ribbons to back of neck and cross over, then bring to front of neck and cross again. Now take ribbons over top of front legs and cross at underside of body, directly behind front legs. Take ribbons over body and cross at back of body, then take ribbons over top of back legs and sew ends to top of leg seams, directly next to leg ribbons. Adjust ribbons to

## IT'S ALL IN THE DETAIL



Once you've finished making all the pieces for your Julbock, it's time to put them together! Carefully follow the making up instructions, using mattress stitch unless otherwise stated. It might help to label your pieces as you finish knitting each one – this will make the process of joining them together easier. Make sure your ribbon pieces are untwisted as you sew them in place. Try pinning them to the Julbock beforehand.



Attach the beard using tail ends of each piece, following instructions carefully.



To keep the Julbock's tail standing up, give it a light coating of hair spray.

*"These will definitely be..."*

*"...new traditional decorations in our household! I'm tempted to make a set for my brother as well!"*

**Kate Evans, Digital Editor**

make sure that they cross at centre front and centre back of neck, on top of body seam and at centre back of body, and pin in position, then sew in place as before and remove pins.

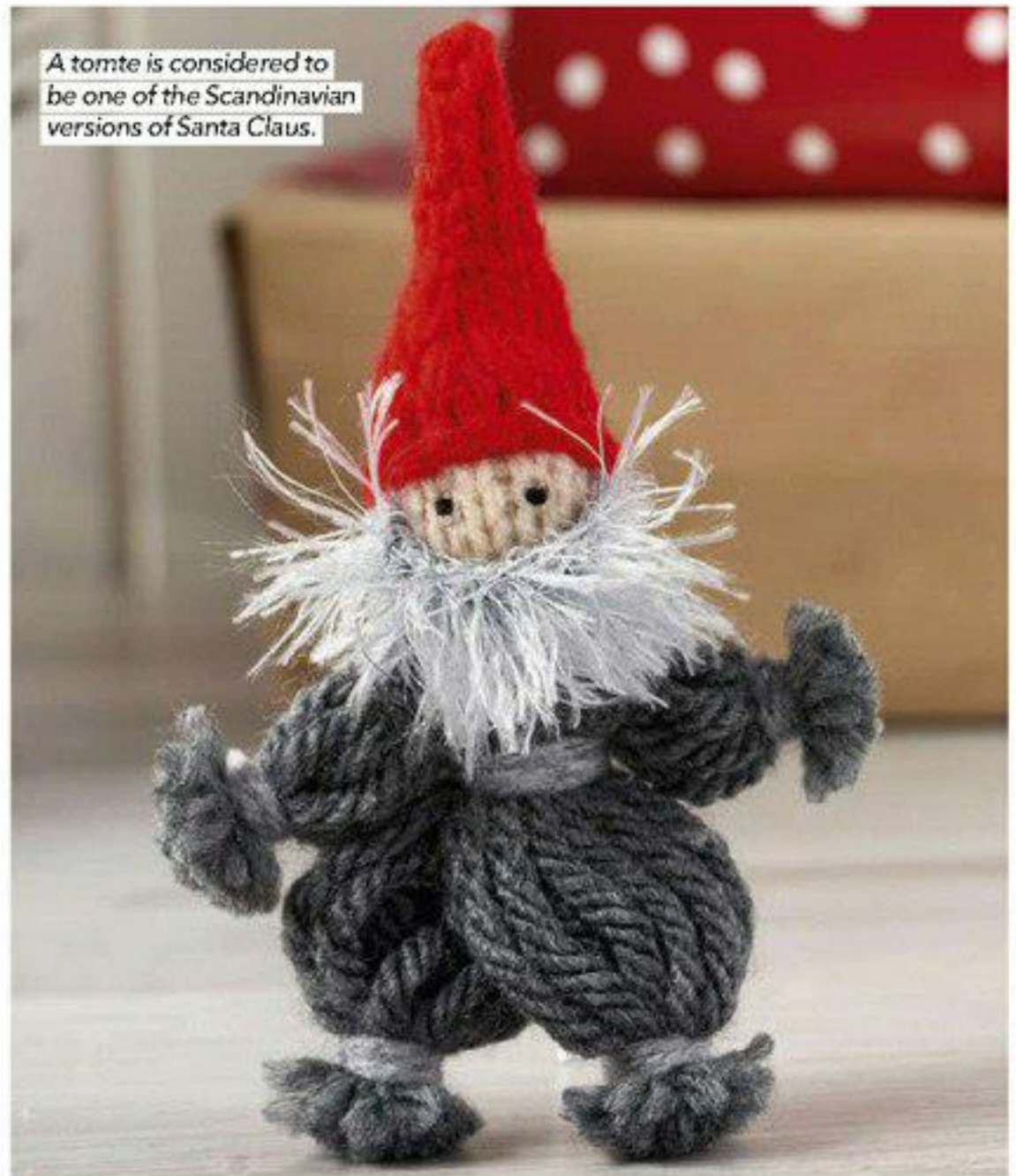
Mark eye positions with pins, placing 2 knitted rows before first head decrease row and spacing 6 knitted stitches apart. Take a length of black yarn and draw out a single strand, then use the remaining 2 strands to embroider a circle of 5 tiny chain stitches for each eye, fastening off ends of yarn at top of head, where they will eventually be hidden by horns.

**Starting at gathered end**, join 7.5cm of one horn seam, then use tweezers to stuff lightly. Continue to join next 7.5cm of seam and stuff, then join remainder of seam and stuff. Pull up sewing yarn slightly to make horn curve, then fasten off. Repeat with other horn, then position and sew horns to top of head, making sure to cover ends of black embroidery yarn. Catch end of each horn to side of neck with a few stitches.

**Wrap nose ribbon** round front of head, placing 4 knitted rows away from garter stitch fold row, and oversew ends together. Place this join at underside of head, in line with head seam, and sew ribbon in place as before. To attach beard pieces, thread a needle with both ends of yarn remaining on each piece and sew through head in following order, drawing out needle at front of head. Draw up yarn, leaving 12mm showing, then dab a spot of glue on this section and pull yarn up fully to draw beard piece into place. Trim away excess yarn at front of head. First attach back row of 3 beard pieces, placing directly in front of nose ribbon, with longer piece in centre. Now attach middle row of 5 pieces directly in front of back row, placing long piece in centre with a medium-length piece either side, and a short piece at each end. Finally, attach front row of 3 pieces directly in front of middle row, with longer piece in centre.

**Starting at gathered edge**, join tail seam and leave unstuffed, then sew base edge to back of body. Wrap tail ribbon around tail, 12mm down from tip and oversew ends together, placing

A tomte is considered to be one of the Scandinavian versions of Santa Claus.



this join at centre back, and sew in place, then tie a tight knot in centre of tail tie piece and sew this knot onto the top of the ribbon join.

#### GARNTOMTAR HEAD (MAKE 1 PIECE)

**Cast on** 8 sts using Flesh Tone for top edge and work in st st for 2 rows.  
**Inc row** Inc into every st to end. [16 sts]  
Work in st st for 6 rows.  
**Dec row** (P2tog) to end. [8 sts]  
Break yarn, leaving a long end. Thread through sts on needle, draw up tightly and fasten off.

#### HAT (MAKE 1 PIECE)

**Cast on** 18 sts using Signal Red for base edge and work in st st for 2 rows.  
**Dec row 1** (K2, k2tog, K2) to end. [15 sts]  
Work in st st for 2 rows.  
**Dec row 2** (P1, p2tog, P2) to end. [12 sts]  
Work in st st for 2 rows.  
**Dec row 3** (K1, k2tog, K1) to end. [9 sts]  
Work in st st for 2 rows.



Use an oddment of eyelash yarn to create this Garntomte's bushy white beard.



The Garntomtar bodies are held together using small amounts of tightly tied yarn.

**Dec row 4** (P2tog, P1) to end. [6 sts]  
Work in st st for 2 rows.  
**Dec row 5** K1, (k2tog) twice, K1. [4 sts]  
Work in st st for 2 rows.  
Break yarn, leaving a long end. Thread through sts on needle, draw up tightly and fasten off.

#### BEARD (MAKE 1 PIECE)

**Cast on** 10 sts using eyelash yarn for base edge and K 1 row.

**Cast off** knitwise for top edge.

#### TO MAKE UP

Starting at gathered base edge, join head seam, then use tweezers to stuff firmly. Work a gathering thread through every stitch along cast-on edge, draw up tightly and fasten off. Mark eye positions with pins, placing 2 knitted rows below increase row at top of head and one knitted stitch apart. Draw out a single strand from a length of black yarn and use this to embroider 2 tiny, horizontal satin stitches for each eye, fastening off ends at top of head.

Starting at gathered top edge, join hat seam, then put head, hat and beard to one side while you make the body.

**Step 1** Draw a 7.5cm x 5cm rectangle on to card and cut out. Using Chunky yarn, wind ten times round shorter side of card, without stretching, then insert scissors between yarn and card on one side and cut to leave you with ten 10cm lengths of yarn for arms. Now wind yarn fifteen times round longer side of card and cut as before, leaving you with fifteen 15cm lengths of yarn for legs.

**Step 2** Using Signal Red or pale grey

DK yarn, tightly wrap 3 times round each end of both yarn bunches, 2cm in from cut ends, and tie securely with a double knot, then trim to neaten.

**Step 3** Place longer bunch vertically on a flat surface, then lie shorter bunch horizontally on top to create a cross shape. Fold top end of leg bunch down to meet lower end, enclosing the arm bunch, and use DK yarn to wrap 3 times round waist, then tie off and trim.

**Step 4** Use sharp scissors to trim yarn ends to measure 6mm from tying yarn.

**Step 5** Securely sew head to top of body, then fit hat on head and sew in place by working backstitch over every knitted stitch along cast-on edge. Wrap beard across front of face and use remaining yarn ends to sew in place with a few stitches. Finally, cut a 15cm length of embroidery thread and use a sharp needle to sew through tip of hat, then knot ends together to create a hanging loop and trim to neaten.

**Step 6** Hang up your completed Garntomtar around the house! 🧝



**NEXT ISSUE!**  
Knight in shining armour Sir Lancelot will be galloping onto your needles in issue 155, on sale Friday 6 January.

