

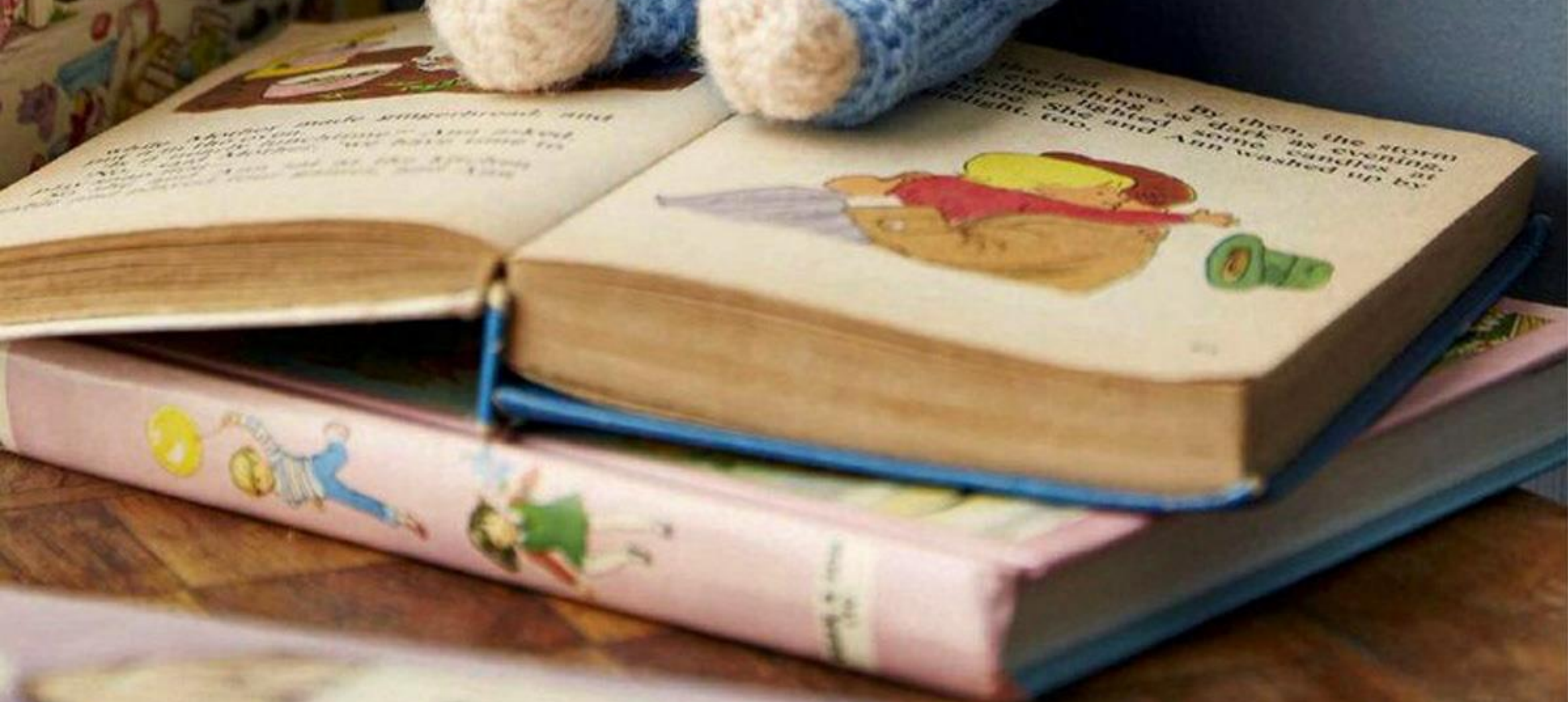
# BEAR HUG

Knit **Sandra Polley's** adorable doll as the best stocking filler ever this Christmas.

*Quick  
&  
Easy*



ADULT COLLECTORS WILL  
LOVE LITTLE DANIEL AND  
HIS FRIENDS TOO!





**Tip** This toy is not suitable for very young children because the small parts are a choking hazard. If you would prefer to make the toy without the press fasteners, and don't mind the top being less easy to take off, you could seam the two sides together instead.



## YOU WILL NEED

- 25g of body-coloured DK yarn of your choice
- Oddments of white and light blue 4ply yarn for clothes
- Oddment of light brown yarn for hair
- A pair of 2¼mm needles
- A pair of 2¼mm needles
- A pair of 3mm needles
- Stuffing
- Tapestry needle
- Small safety pins for stitch holders
- 4 small press fasteners
- Embroidery thread in medium blue and medium pink

## HEIGHT

Approx 17cm

## ABBREVIATIONS

For a full list see page 92

## NOTE

This doll is not suitable for very young children because of small parts



**W**here baby Daniel goes, so does his teddy bear! This doll is easy to knit in stocking and moss stitch, using any DK and 4ply yarns from your stash. Why not customise the colour of his clothes and features so that he looks just like his new owner? We think kids will be delighted to find him in their stocking on Christmas morning.



## NOTES

Assume all work is in st st unless otherwise stated.  
Oversew all seams with tiny sts.  
When casting on for sleeves leave a longish tail to sew up the tiny underarm seams.  
To prevent cast off sts showing after sewing up, with right sides tog, oversew, catching the half a st that would show on the right side.

## BODY & HEAD

**Cast on** 30 sts using body colour and 3mm needles (throughout).  
Purl 1 row.

## BOTTOM

**Next row** K8, turn and P back.  
**Next row** K6, turn and P back.  
**Next row** K4, turn and P back.  
**Next row** K13, inc 1, K2, inc 1, K13. [32 sts]  
**Next row** P8, turn and K back.  
**Next row** P6, turn and K back.  
**Next row** P4, turn and K back.  
Work in st st for 3 rows straight, ending on a P row.  
**Next row** K5, k2tog, K to last 7 sts, k2tog, K5. [30 sts]  
**Next row** Purl.  
Dec 1 st at each end of next and following alt row. [26 sts]  
Work in st st for 9 rows straight, ending on a P row.

## SHOULDERS & HEAD

**Next row** K3, k2tog to last 3 sts, K3. [16 sts]  
Work in st st for 3 rows.  
**Next row** K2, (M1, K1) to last 3 sts, M1, K3. [28 sts]  
Work in st st for 3 rows.  
**Next row** Inc in first st, K to last 2 sts, inc 1, K1. [30 sts]  
**Next row** Purl.

## TO SHAPE CHEEKS

**Next row** K8, k2tog, K to last 10 sts, k2tog, K8. [28 sts]  
**Next row** P7, p2tog, P to last 9 sts, p2tog, P7. [26 sts]

Work in st st for 7 rows, ending on a K row.

**Next row** P2tog to last st, P1.

**Next row** K2tog to last st, K1.  
Break yarn and thread through remaining sts. Pull up tightly and fasten off.

## LEFT LEG

**Cast on** 20 sts using body colour.  
Purl 1 row.  
**Row 2** K2, k3tog twice, K4, k3tog twice, K2. [12 sts]  
**Row 3** Purl across tightly.  
**Row 4** K3, k2tog, K2, k2tog, K3. [10 sts]  
**Row 5** P3, p2tog twice, P3. [8 sts]  
**Row 6** K3, k2tog, K3. [7 sts]  
**Row 7** Purl.  
**Row 8** Inc 1, K to last 2 sts, inc 1, K1. [9 sts]  
Work in st st for 3 rows. \*  
**Row 12** Inc 1, K3, k2tog, K1, inc 1, K1. [10 sts]  
**Row 13** Purl.  
**Row 14** Inc 1, K2, k2tog twice, K1, inc 1, K1. [10 sts]  
**Row 15** Purl.  
Inc as in row 8 in next and following alt row. [14 sts]  
**Cast off** purlwise.

## RIGHT LEG

Work as for Left Leg to \*.  
**Row 12** Inc 1, K1, k2tog, K3, inc 1, K1. [10 sts]  
**Row 13** Purl.  
**Row 14** Inc 1, K1, k2tog twice, K2, inc 1, K1. [10 sts]  
Complete as for rest of Left Leg.

## ARMS (MAKE 2)

**Cast on** 6 sts using body colour.  
Purl 1 row.  
**Row 2** K2, inc in next 2 sts, K2. [8 sts]  
**Row 3 and every following alt row** Purl.  
**Row 4** Inc 1, K1, k2tog twice, inc 1, K1. [8 sts]  
**Row 6** K2, k2tog twice, K2. [6 sts]  
Work in st st for 3 rows straight.  
**Row 10** K3, M1, K3. [7 sts]  
**Row 12** K3, M1, K1, M1, K3. [9 sts]  
**Row 14** K3, M1, K3, M1, K3. [11 sts]  
**Row 16** K1, k2tog, K1, M1, K3, M1, K1, k2tog, K1. [11 sts]  
**Row 18** K1, k2tog, M1, K5, M1, k2tog, K1. [11 sts]  
**Row 20** K4, k3tog, K4.  
**Cast off** remaining 9 sts purlwise.



# TOY DOLL

## TO MAKE UP HEAD & BODY

With right sides tog, sew up centre back seam from cast-on edge to top of head, leaving a small gap for stuffing after joining on legs. Leave bottom edge open for now. Turn right way out and stuff head and shoulders quite firmly, shaping and moulding the head as you go. Leave rest of body unstuffed for now.

## LEGS

With right sides tog, fold legs lengthways and sew up back seam from top of leg, down and around ankle and heel to the last 1cm of foot. Refold foot so that the seam is now lying at centre back of foot and sew last bit. This will form the toes. Turn right side out. Stuff feet lightly and press flat between finger and thumb then stuff legs to within 1cm of the top. Sandwich top of legs between bottom edges of body, leaving a small gap between them and back stitch through all layers. Finish stuffing body firmly through gap in back seam, shaping tummy and bottom as you go. Close gap.

## TUMMY BUTTON

Sew a couple of sts with a length of thread, doubled.

## NECK & CHIN

Thread a length of body-coloured yarn onto your tapestry needle. Starting at back of neck and leaving a long tail, weave the thread in and out of every st around neck on last row before the inc row. Pull the ends up tightly and tie off. Sink ends into body out of sight. With your tapestry needle, tease out the chin and cheek areas to make them

nice and chubby.

## ARMS

With right sides tog, fold lengthways and sew up underarm seams. Turn out and stuff. Oversew closed at top of arms and then sew them securely to body at shoulder level with sts across top and a little way down each side. Sew at a slight angle so arms are held forward.

## HAIR

Thread a long length of brown yarn onto a tapestry needle and double it up. Take needle and thread in through the back of the head and out at the crown (about 1cm back from fastened off sts). Make large and small, uneven tacking sts from crown to around head. You will need about three lengths altogether. Finish each length off with a tiny backstitch to secure. Finish off with some single lengths then fluff up the hair a bit with the end of a pin.

## EARS

With a long length of yarn, doubled and knotted, go into back of neck and come out at ear position. Make about 3 sts on top of each other, go back into head and out to second ear position and repeat.

## FACE

### EYES

Place a couple of colour headed pins into the face where the eyes are going to be (about level with the tops of the ears). Thread a longish length of flesh coloured yarn onto your tapestry needle and knot the end. Take needle and thread in through back of neck and out to the inside side of the pins, go



The doll's top is secured using small press fasteners sewn on to the back.

## Little Bears by Sandra Polley

### KNIT A TEDDY FOR DANIEL!

Find the pattern for this tiny teddy in issue 137 of *Simply Knitting*. Call 01604 828737 or go online and visit <http://craft.buysubscriptions.com/Back-Issues> to buy your copy.



## STEP-BY-STEP K2TOG KNIT TWO TOGETHER



**1** Insert the point of the right-hand needle through the loops of the next 2 stitches as if to knit.



**2** Wind the yarn round the tip of the right-hand needle and pull the yarn through the 2 stitches, knitting them both together.



**3** Drop the 2 stitches from the left-hand needle and keep the new stitch on the right-hand needle.



**4** Knitting three stitches together decreases your stitch count by two, and the decrease stitch leans to the right. This is how a series looks.



**Tip** When knitting toys with lots of small pieces, the making up is crucial to getting a good finish. Leave yourself plenty of time for the seaming and embroidering, and try to work in natural light, or under a lamp with a daylight bulb, so you can see the stitches clearly.

back into head half a st away and back out of neck. Pull gently to create an eye socket, secure then take the yarn back in and repeat for the other eye socket. With 2 strands of blue embroidery thread sew eyes by making tiny sts, one at a time, over and over the top of each other until it builds to the right size (do not spread your sts out). With 2 strands of medium pink embroidery thread, sew 2 or 3 sts to form the mouth.

#### TROUSERS RIGHT LEG

**Cast on** 19 sts using 2½mm needles and blue colour, and work in K1, P1 rib for 4 rows.

Change to 2¾mm needles.

**Next row** K1, (inc 1, K2) to end.

[25 sts] \*

**Next row** Purl.

#### TO SHAPE BOTTOM

**Next row** K6, turn and P back.

**Next row** K12, turn and P back.

**Next row** K18, turn and P back.

Work in st st for 12 rows straight ending on a P row. \*\*

#### TO SHAPE CROTCH

Dec 1 st at each end of next 3 rows.

[19 sts]

Work in st st for 8 rows straight.

Work in g st for 2 rows.

**Cast off.**

#### LEFT LEG

Work as for Right Leg to \*.

#### TO SHAPE BOTTOM

**Next row** P6, turn and K back.

**Next row** P12, turn and K back.

**Next row** P18, turn and K back.

Work in st st for 13 rows straight.

Work as for Right Leg from \*\*.

Sew up inside leg seams. With right sides tog, place one leg inside the other to sew up crotch seams.

#### TOP

**Cast on** 42 sts using white colour and 2½mm needles, and work in rib for 2 rows.

Change to 2¾mm needles.

**Next row** K1, P1, K to last 2 sts, P1, K1.

(3 st borders now called moss st.)

**Next row** Moss st 3, P to last 3 sts, moss st 3.

Rep last 2 rows twice.

#### LEFT BACK

**Next row** Moss st 3, K7, k2tog, turn

and work on these sts only for now.

**Next row** P2tog, P to last 3 sts, K1, P1, K1. [10 sts]

Keeping moss st border, work in st st for 10 rows straight, ending on a P row.

**Next row** K1, P1, K to last 4 sts, cast off 4 sts for shoulder. Leave remaining 6 sts on holder.

#### FRONT

With RS facing, rejoin yarn, k2tog, K14, k2tog, turn and work on these sts only for front.

**Next row** P2tog, P12, p2tog. [14 sts]

Work in st st for 6 rows straight, ending on a P row.

#### TO SHAPE NECK

**Next row** K4, k2tog, turn, p2tog, P3.

[4 sts]

Work in st st for 2 rows.

**Cast off.**

With RS facing, leave next 2 sts on a holder for now for front neck, rejoin yarn, k2tog, K to end.

**Next row** P3, p2tog. [4 sts]

St st 2 rows.

**Cast off.**

#### RIGHT BACK

With RS facing, rejoin yarn, k2tog, K to last 2 sts, P1, K1.

**Next row** K1, P1, K1, P to last 2 sts, p2tog.

Work 10 rows straight as for Left Back.

**Cast off** 4 sts, work to end then leave remaining 6 sts on a holder.

#### SLEEVES

**Cast on** 16 sts using white colour and 2½mm needles, and moss st 2 rows.

Change to 2¾mm needles.

**Next row** (Inc 1, K4) 3 times, inc 1.

[20 sts]

**Next row** Purl.

Mark each end of row.

Dec 1 st at each end of every row until 10 sts remain.

**Cast off** purlwise.

Sew the tiny underarm seams to markers. With right sides tog, pin and sew sleeves into armholes.

#### COLLAR – LEFT SIDE

With RS facing, 2½mm needles and blue colour, moss st across 6 sts on holder, pick up and K 9 sts along left side of neck, and 1 of the 2 sts on front neck holder. Turn and work on this side only.

**Next row** (P1, K1) to end.

**Next row** Moss st to last 2 sts, k2tog.



You'll pick up stitches from the neck edge and then work the collar in moss stitch.



The toy's facial features are each worked using two strands of embroidery thread.

**Next row** Moss st to end.

Rep last 2 rows twice.

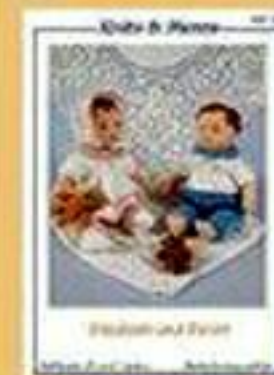
**Cast off**, k2tog at end of row at same time.

#### COLLAR – RIGHT SIDE

With right side facing and blue colour, K the st from front holder, pick up and K 9 sts along right side of neck, moss st the 6 sts from holder. Complete as for first side, reversing shaping by decreasing at beginning of alt rows. Sew press fasteners to button band at back and a couple of beads to front centre neck. ●

## Bear Hug

by Sandra Polley



This design is from KP21 – Elizabeth and Daniel. You can buy KP21 Elizabeth and Daniel and KP12 The Nursery, which has instructions for extra clothes and

a bed, for £6.50 including postage from [www.knitsandpieces.co.uk](http://www.knitsandpieces.co.uk), or telephone 01455 272351.